

**Respiratory Care
Emergency Preparedness
For Mass Casualty Events**

Arthur Jones, EdD, RRT

Learning Objectives:

- ▶ Identify infections capable of causing mass casualties and describe their etiologies, manifestations, diagnosis, management and prevention.
- ▶ Apply strategies and devices to prevent communication of infections to caregivers, patients and the environment.
- ▶ Identify chemical agents capable of causing mass casualties and describe their likely sources, effects, manifestations and management of chemically contaminated patients.

Learning Objectives:

- ▶ Identify the sources of mass casualty radiation events and describe the effects, manifestations and management of radiation injuries.**
- ▶ Identify sources of blast injuries and describe the types of injuries, their manifestations and their management.**
- ▶ Describe major types of natural disasters, their associated types of injuries, their manifestations and management.**

Learning Objectives:

- ▶ Discuss problems associated with healthcare delivery in natural disasters, including those associated with transportation and destruction of physical facilities.
- ▶ Distinguish among conventional, contingency, crisis modes within a healthcare facility with respect to space, staffing, equipment and supplies.
- ▶ Describe preparations and response strategies for mass casualty situations with respect to respiratory care equipment and supplies, including oxygen and mechanical ventilators.

Mass Casualty Events

Definition

- ▶ **Disaster - is what happened when a woman backed into a fan**

Disaster

- ▲ **Definition - a sudden calamitous event bringing great damage, loss, or destruction (Merriam-Webster)**
- ▲ **Types:**
 - ◆ **Natural disasters; e.g., pandemics, hurricanes, earthquakes, etc.**
 - ◆ **Man-made
 - f **pandemics**
 - f **accidental; e.g.; industrial explosions**
 - f **terrorism, which intends to injure and to provoke maximum fear****

Medicine in mass casualty incidents

- ▶ **Conventional medicine - do the greatest good for the individual patient**
- ▶ **Disaster medicine - do the greatest good for the greatest number of patients ==>**
 - ◆ **triage of victims**
 - ◆ **economizing resources**
 - ◆ **reliance on available assets**
 - ◆ **mass evacuation**

Possible mass casualty scenarios

- ▶ **Pandemic infections (febrile respiratory illnesses)**
- ▶ **Bioterrorism**
- ▶ **Chemical injuries**
- ▶ **Radiation injuries**
- ▶ **Natural disasters**
- ▶ **Explosions**

**Febrile Respiratory
Illnesses (FRI) &
Bioterrorism**

Infections capable of mass casualties

▲ Naturally-occurring

- ◆ COVID 19
- ◆ influenza; e.g., swine influenza A (H1N1)
- ◆ severe acute respiratory syndrome (SARS) - coronavirus infection
- ◆ avian (bird) flu

Infections capable mass casualties

▲ bioterrorist threats

- ◆ pulmonary anthrax

- ◆ smallpox

- ◆ plague

- ◆ tularemia

- ◆ viral hemorrhagic fever; e.g., Ebola, Marburg

Influenza

- ▲ **Causative agent - viruses**

- ▲ **Communication routes**

 - ◆ **airborne**

 - ◆ **contact**

- ▲ **Manifestations**

 - ◆ **fever**

 - ◆ **headache**

 - ◆ **muscle pain**

 - ◆ **malaise**

 - ◆ **pneumonia - may progress to RDS**

Influenza

▲ **Diagnosis**

- ◆ **index of suspicion - clinical signs, multiple cases**

- ◆ **oral swab for viral ID**

- ◆ **clinical signs for mass victims**

▲ **Problem - many people may be exposed before diagnosis is made**

- ◆ **masks for patients in ER waiting rooms??**

Influenza

▲ Management

- ◆ home care, if possible & safe
- ◆ supportive care; e.g., hydration
- ◆ oxygen
- ◆ ventilation with low TV
- ◆ antiviral agents
 - fremdesivir- COVID19
 - famantidines
 - fneuramidinase inhibitors

Influenza

▲ Prevention

- ◆ social distancing
- ◆ hand washing, hand sanitizers
- ◆ vaccination
- ◆ antiviral agents
 - f amantidine
 - f neuraminidase inhibitors
- ◆ airborne isolation of patients

Influenza

▲ Prevention

- ◆ social distancing
- ◆ hand washing, hand sanitizers
- ◆ vaccination
- ◆ antiviral agents
 - f amantidines
 - f neuraminidase inhibitors
- ◆ airborne isolation of patients
- ◆ personal protection equipment (PPE)
 - f N95 mask
 - f respirator for high-risk procedures
- ◆ minimize high-risk procedures

Pulmonary anthrax

- ▲ Pulmonary form likely due to bioterrorism
- ▲ Causative agent - bacillus anthracis
 - ◆ spore forming
 - ◆ gram positive rod
- ▲ Communication route
 - ◆ inhalation of spores
 - ◆ no person-to-person transfer

Pulmonary anthrax

▲ Manifestations

- ◆ 3-5 day incubation period
- ◆ fever, chills
- ◆ dyspnea, chest pain
- ◆ cough
- ◆ headache
- ◆ nausea & vomiting
- ◆ hypoxemia
- ◆ stridor
- ◆ widened mediastinum on radiograph

Pulmonary anthrax

▲ Diagnosis

- ◆ index of suspicion- exposure risk

 - f occupation

 - f location

- ◆ pathognomonic (distinct signature)

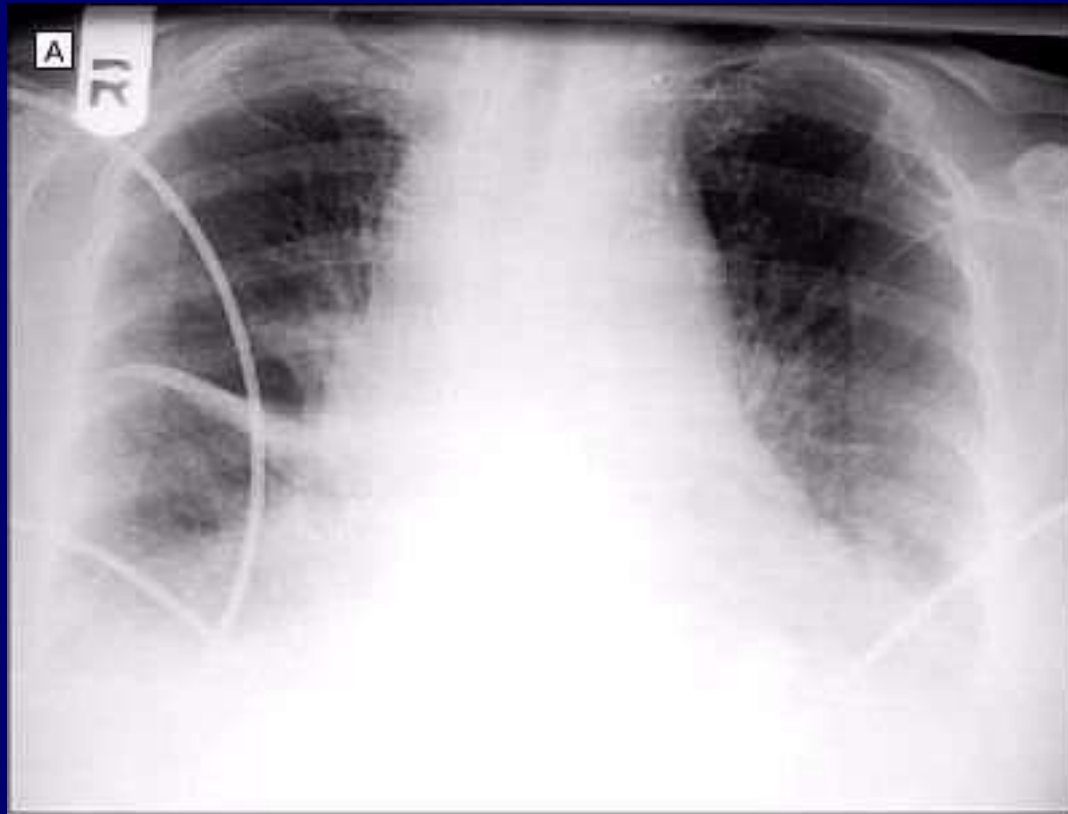
 - f previously healthy adult

 - f overwhelming flu-like signs

 - f widened mediastinum on CXR

Pulmonary anthrax

▲ widened mediastinum on XCR



Pulmonary anthrax

▲ Diagnosis

- ◆ sputum exams are **NOT** useful
- ◆ standard blood culture- growth in 6-24 H

Pulmonary anthrax

▲ Management

- ◆ supportive - ventilation, O₂

- ◆ antibiotics

 - fdoxycycline

 - fciproflaxin

 - famoxicillin

Pulmonary anthrax

▲ Prevention

- ◆ universal precautions for patient care- no special barriers

- ◆ antibiotics for suspected exposure (60 D)

- ◆ human live attenuated vaccine

 - fthree injections, two weeks apart

 - fthree injections at 6, 12, 18 mo.

Smallpox

▲ Causative agents

- ◆ variola minor virus (less virulent)
- ◆ variola major virus

▲ Communication route

- ◆ inhaled droplets, aerosols
- ◆ very contagious

Smallpox

▲ Manifestations

- ◆ incubation - 10-14 days

- ◆ pre-eruptive phase (lasts 2-4D)

 - f high fever

 - f severe headache

 - f malaise

- ◆ eruptive phase

 - f centrifugal rash, starting on face

 - f evolves to pustular rash

Smallpox Rash



Smallpox

▲ Manifestations

- ◆ toxemia

- ◆ encephalitis

- ◆ mortality (20-30%)- 5th or 6th day after onset of rash

Smallpox

▲ **Diagnosis - one suspected case represents an international health emergency**

◆ **Characteristic rash**

f **centrifugal distribution**

f **same stage of development at each location**

f **palmar and plantar location (rare with chickenpox)**

f **confirmed by laboratory analysis**

Smallpox

▲ Management

- ◆ strict isolation for hospitalized patients
- ◆ home care recommended
- ◆ supportive care
- ◆ antibiotics for secondary bacterial infection
- ◆ antiviral agents
 - f currently, none are approved
 - f agents for HIV have potential

Smallpox

- ▲ **Prevention - post-exposure control**
 - ◆ **all face-to-face contacts with victim**
 - f **vaccinated**
 - f **surveillance for fever, rash**
 - ◆ **vaccination of healthcare workers, police, transit workers, etc.**

Smallpox

▲ Prevention - hospital infection control

- ◆ rooms- negative pressure with HEPA
- ◆ vaccination of employees, patients
- ◆ laundry and waste- biohazards

Plague

▲ Causative agent

- ◆ *Yersinia pestis*

- ◆ gram negative rod

▲ Communication route(s)

- ◆ bite from infected flea

- ◆ droplets, aerosol (bioterrorism)

- ◆ contact (person-to-person)

Plague

▲ Forms

- ◆ **bubonic (flea bites)**
- ◆ **septicemic**
- ◆ **pneumonic (bioterrorist aerosols)**

Plague (pneumonic)

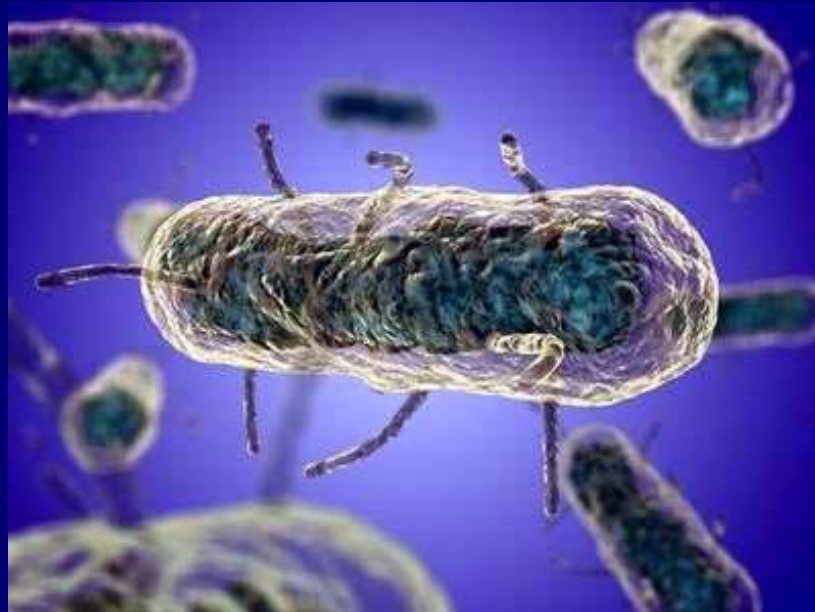
▲ Manifestations (pneumonic)

- ◆ incubation - hours to days
- ◆ malaise
- ◆ high fever, chills
- ◆ hemoptysis
- ◆ leukocytemia
- ◆ rapidly progressive pneumonia
- ◆ hypoxemia
- ◆ mortality- 100% if untreated

Plague (pneumonic)

▲ Diagnosis

- ◆ index of suspicion- sudden outbreak of severe pneumonia & sepsis
- ◆ Gram stain- sputum or blood, gram negative bipolar rod



Plague (pneumonic)

▲ Management

◆ supportive - ventilation, oxygen

◆ antibiotics- initiate STAT

f streptomycin- drug of choice

f gentamycin

f doxycycline

Plague (pneumonic)

▲ Prevention

◆ Post-exposure antibiotics- seven days post-exposure

fdoxycycline

ftetracycline

fTMP-SMT (Bactrim™)

Plague (pneumonic)

- ▲ **Respiratory isolation**
 - ◆ **patient for first 48 hours**
 - ◆ **close contacts who refuse chemoprophylaxis**
- ▲ **Vaccine- no longer available**
- ▲ **Decontamination- usual measures**

Tularemia

▲ Causative agent

- ◆ *Francisella tularensis*
- ◆ gram negative bacterium
- ◆ zoonotic organism (rabbit fever)

▲ Communication route(s)

- ◆ contact with infected animals
- ◆ vectors; e.g., ticks, flies
- ◆ inhalation (bioterrorism)
- ◆ no person-to-person transfer

Tularemia

▲ Common carrier



Tularemia

▲ Manifestations (ulceroglandular form)

- ◆ cutaneous ulcer
- ◆ lymph gland enlargement
- ◆ fever, chills
- ◆ headache, malaise
- ◆ may progress to pneumonia

Tularemia

▲ Manifestations (ulceroglandular form)

- ◆ cutaneous ulcer
- ◆ rabbit bite



Tularemia

▲ Manifestations (bioterrorist forms)

◆ incubation - 2-10 days

◆ typhoidal form

f fever,

f cough,

f chest pain

f shortness of breath

f mortality - 35%

Tularemia

▲ Manifestations (bioterrorist forms)

◆ pneumonic form - severe atypical pneumonia

f ARDS ==> respiratory failure

f mortality unknown - no opportunity for study

Tularemia

▲ Diagnosis

- ◆ may be missed on sputum exam
- ◆ histology - intracellular organisms
- ◆ serology

▲ Management

- ◆ support - ventilation, oxygen
- ◆ antibiotics
 - f streptomycin - drug of choice
 - f gentamycin, amikacin
 - f chloramphenicol (meningitis)

Tularemia

▲ Prevention

- ◆ antibiotics for suspected exposure
- ◆ universal precautions for victims

Viral hemorrhagic fevers

▲ Causative agents

- ◆ Marburg virus (Angola, 2005)
- ◆ Ebola virus (4 species)

▲ Communication routes

- ◆ contact with non-human primates
- ◆ droplet particles
 - finfected persons
 - fbioterrorism

Viral hemorrhagic fevers

▲ Manifestations

- ◆ incubation period - 4-5 D
- ◆ fever, chills, headache
- ◆ nausea, vomiting, diarrhea, abdominal pain

Viral hemorrhagic fevers

▲ Manifestations (cont'd)

- ◆ prostration, stupor, shock

- ◆ bleeding: conjunctival, soft tissue, skin (rash), gastrointestinal, alveolar

- ◆ mortality

 - fMarburg.....about 25%

 - fEbola.....50-90% (depends on strain)

Viral hemorrhagic fevers

▲ Diagnosis

- ◆ history of exposure
- ◆ clinical findings

▲ Management

- ◆ strict isolation
- ◆ supportive

fshock

fventilatory failure (ARDS is likely)

Viral hemorrhagic fevers

▲ Prevention

- ◆ strict isolation of victims, exposures
- ◆ personal protective equipment, including airborne precautions

High-risk procedures

- ▶ endotracheal intubation
- ▶ noninvasive positive pressure ventilation
- ▶ bag-mask ventilation
- ▶ bronchoscopy

High-risk procedures

- ▶ exhaled aerosols - all nebulizers
- ▶ mask without expiratory filter



Flow of patient care

- ▶ **Patient presents with FRI ==>**
 - ◆ **Placed in droplet or airborne isolation**
 - ◆ **Caregivers use personal protective equipment (PPE)**
 - ◆ **Diagnosis initiated**

Flow of patient care

▲ If the etiology is NOT an emergency critical care agent ==>

- ◆ isolation removed or maintained, as indicated
- ◆ PPE for high-risk procedures
- ◆ specific treatment undertaken

Flow of patient care

- ▲ If the etiology is an emergency critical care agent ==>
 - ◆ public health agencies notified
 - ◆ isolation maintained, as indicated
 - ◆ PPE for all high-risk procedures

Flow of patient care

▲ Presence of cases associated with ARDS ==>

◆ Low TV ventilation

◆ surge capacity plan activated with ventilator stockpile

◆ aggressive PPE for caregivers

◆ vaccination or antiviral therapy for caregivers

Personal protective equipment

- ▲ **Level A - self-contained breathing apparatus and encapsulating chemical-protective (TECP) suit.**
- ▲ **Level B - self-contained breathing apparatus or supplied-air respirator and nonencapsulated chemical-resistant garments, gloves, and boots**

Personal protection

- ▶ Level C - air-purifying respirator and non-encapsulated chemical-resistant clothing, gloves and boots.
- ▶ Level D - universal precautions



Environmental controls

- ▲ **Mass infection with airborne agent will overwhelm conventional isolation capabilities**
- ▲ **Options:**
 - ◆ **cohorting patients**
 - ◆ **industrial exhaust fans**
 - ◆ **high-capacity portable HEPA units**
- ▲ **Masks for infected patients**

Summary & Review

- ▲ **Types of disasters**
- ▲ **Medicine in mass casualty events**
- ▲ **Febrile respiratory illnesses**
 - ◆ **Pandemic influenza**
 - ◆ **Pulmonary anthrax**
 - ◆ **Smallpox**
 - ◆ **Plague**
 - ◆ **Tularemia**
 - ◆ **Viral hemorrhagic fever**

Summary & Review

- ▲ High risk procedures
- ▲ Optimal flow of patient care
- ▲ Personal protective equipment
- ▲ Environmental controls

Chemical Injuries

Categories of chemical agents

- ▲ Lung damaging agents
- ▲ Blood agents
- ▲ Blistering agents
- ▲ Nerve agents

Categories of chemical agents

- ▲ **Initial management for all agents**
 - ◆ **rescuer personal protection**
 - ◆ **removal of victim from source**
 - ◆ **life support interventions**
 - ◆ **decontamination**

Lung damaging agents

▲ Types of events

- ◆ chemical warfare

- ◆ terrorism

- ◆ industrial accidents - most likely scenario

Lung damaging agents

▲ Types of events- industrial accidents



Terre Haute, IN
2015 (acid spill)

Lung damaging agents

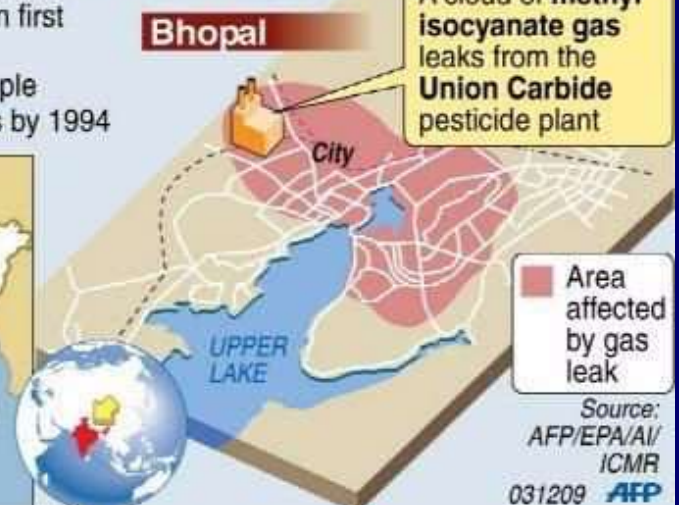


The 1984 Bhopal gas disaster

The human cost (estimates)

- ▶ Up to 10,000 deaths in first three days
- ▶ Additional 25,000 people died of related injuries by 1994

December 3, 1984
A cloud of **methyl isocyanate gas** leaks from the **Union Carbide pesticide plant**



Area affected by gas leak

Source:
AFP/EPA/Al/
ICMR

031209 AFP

Lung damaging agents

▲ Agents

- ◆ chlorine - manufacture of paper, textiles
- ◆ ammonia - manufacture of fertilizer
- ◆ methyl isocyanate (MIC) - manufacture of pesticides; e.g., Sevin (Bhopal)
- ◆ phosgene
 - f WW I chemical warfare
 - f manufacturing - pesticides, dyes, pharmaceuticals

Lung damaging agents

▲ Effects

- ◆ copious secretions
- ◆ cough
- ◆ stridor
- ◆ laryngeal obstruction
- ◆ bronchospasm
- ◆ noncardiogenic pulmonary edema (ARDS)
- ◆ severe ocular burning (methyl isocyanate)

Lung damaging agents

▲ Treatment

- ◆ intubation, ventilation for severe exposure
- ◆ humidified air or O₂ (mild exposure)
- ◆ bronchodilators
- ◆ inhaled NaHCO₃ for chlorine
- ◆ removal of contact lenses

Blood agents

▲ Agents

- ◆ hydrogen cyanide
- ◆ cyanogen chloride

▲ Sources

- ◆ manufacturing
- ◆ mining
- ◆ metalworking
- ◆ byproduct of combustion - fires
- ◆ chemical warfare

Blood agents

▲ Pathophysiology - block cytochrome, inhibiting cellular O₂ uptake (histotoxic hypoxia)

▲ Effects

◆ bitter almond smell reported by victim

◆ bright red venous blood

◆ tachypnea

◆ metabolic acidemia

Blood agents

▲ Treatment

- ◆ antidotes to displace and excrete cyanide

 - f amyl nitrite

 - f sodium nitrite

 - f sodium thiosulfate

- ◆ oxygen

- ◆ hyperventilation

- ◆ NaHCO_3

Blister agents

▲ Agents

- ◆ mustard

- ◆ lewisite

- ◆ phosgene oxime

▲ Sources

- ◆ chemical warfare

- ◆ hot dog overdose (mustard)

Blister agents

▲ Effects (mustard has delayed effects)

- ◆ skin blisters

- ◆ burning eyes

- ◆ injury to all airways

 - fupper airway obstruction

 - fperipheral airway obstruction

- ◆ pulmonary edema

- ◆ gastrointestinal damage - vomiting,
diarrhea

Blister agents

▲ Effects

- ◆ skin blisters
- ◆ burning eyes
- ◆ injury to all airways



Blister agents

▲ Treatment

- ◆ there are no antidotes

- ◆ supportive

 - f oxygen, intubation, ventilation

 - f bronchodilators

 - f medications for vomiting, diarrhea

Nerve agents

▲ Agents - organophosphates

- ◆ GA (Tabun) - genocide
- ◆ GB (Sarin) - genocide (Japan, 1994)
- ◆ GD (Soman) - genocide
- ◆ GF
- ◆ VX
- ◆ kids
- ◆ significant other
- ◆ bosses
- ◆ employees

Nerve agents

▲ Agents - organophosphates

◆ Pesticides; e.g.:

fSevin

f diazinon

f malathion

Nerve agents

- ▶ **Action - inhibit cholinesterase, which causes accumulation of acetylcholine at nerve synapses**
- ▶ **skeletal muscle (nicotinic) effects**
 - f **twitching**
 - f **weakness**
 - f **paralysis, including diaphragm**
- ▶ **muscarinic effects - cholinergic crisis**

Nerve agents

- ▲ **Cholinergic crisis (see neuro lesson)**
 - ◆ **Salivation**
 - ◆ **Lacrimation**
 - ◆ **Urination**
 - ◆ **Diaphoresis**
 - ◆ **GI distress (diarrhea, vomiting)**
 - ◆ **Emesis**
 - ◆ **Bronchospasm**

Nerve agents

▲ Treatment

- ◆ rescuer and caregiver personal protection - caregivers in Japan sickened from Sarin

- ◆ decontamination of victims

 - fwater

 - fcalcium hypochlorite

 - fcharcoal & absorptive resins
(military)

Nerve agents

▲ Treatment - antidotes

- ◆ atropine - blocks nicotinic and muscarinic effects of acetylcholine (massive dosages)
- ◆ pralidoxime (2-PAM-Cl) - removes organophosphoryl molecule

Nerve agents

▲ Supportive treatment

- ◆ endotracheal intubation
- ◆ ventilation
- ◆ bronchodilators - albuterol & ipratropium
- ◆ tracheal suctioning
- ◆ benzodiazepine for seizures

Chemical agents

- ▶ **Additional causes of surge of patients to institution will include frightened people who think they were exposed - it will be hard to sort them out**

Summary & Review

- ▲ **Chemical injuries are likely due to industrial accidents**
- ▲ **Lung damaging agents; e.g., chlorine**
- ▲ **Blood agents; e.g., cyanide**
- ▲ **Blistering agents; e.g., mustard**
- ▲ **Nerve agents; e.g., Sarin**

Radiation Injuries

Radiation injuries

▲ Causes (mass casualties)

- ◆ accidents; e.g., nuclear reactor meltdown

 - f Three Mile Island (Pa.)??

 - f Chernobyl (Ukraine, 1986)

- ◆ nuclear warfare

Radiation injuries

▲ Causes

◆ terrorism

fradiation dispersion device, AKA
"dirty bomb"

fnon-explosive radiation dispersal;
e.g, radioactive material left in public
place

Injuries with nuclear explosion

- ▲ **Blast injuries - multiple types of trauma**
- ▲ **Thermal injuries**
 - ◆ **flash burns**
 - ◆ **flame burns**
- ▲ **Ionizing radiation injury**

Ionizing radiation types

- ▶ **alpha particles - stopped by sheet of paper**
- ▶ **beta particles - stopped by clothing**
- ▶ **gamma rays - stopped by inches of concrete or inch of lead**
- ▶ **xrays - concrete or inch of lead**
- ▶ **neutrons - concrete or inch of lead**
- ▶ **cell phones - nothing stops their annoying effects**

Ionizing radiation exposure

▲ **External radiation - exposure to source**

▲ **Contamination**

◆ **external (skin, hair) - exposure to radioactive debris (fallout), which can be transmitted to rescuers and caregivers**

Ionizing radiation exposure

▲ External radiation - exposure to source

▲ Contamination

◆ external (skin, hair) - exposure to radioactive debris (fallout), which can be shared with caregivers

◆ internal - entry of fallout via:

f_inhalation

f_ingestion

f_open wounds ==> decreased survival

Radiation injuries

- ▲ Severe radiation ==> cell death
- ▲ Less severe radiation ==> cell injury
 - ◆ repaired ==> scarring
 - ◆ altered genetic information ==>
 - fcarcinoma
 - fteratogenesis (birth defects)

Radiation injuries

▲ Teratogenesis



Radiation injuries

- ▲ **Severity of injury depends on dose received, which is function of:**
 - ◆ **exposure time**
 - ◆ **radiation dosage**

Radiation sickness

▲ high dose manifestations:

◆ nausea

◆ vomiting

◆ diarrhea

◆ fatigue

◆ mental status changes

◆ fever

◆ respiratory distress

Radiation sickness

▲ delayed manifestations:

- ◆ decreased WBC, platelet production
- ◆ severe gastrointestinal damage
- ◆ severe CNS damage
- ◆ teratogenesis - birth defects
- ◆ carcinoma

Treatment

- ▶ **wound closure**
- ▶ **medical treatment may not be indicated for first few hours**
- ▶ **supportive treatment**
- ▶ **potassium iodide (SSKI) - protects only the thyroid from radioactive iodine**

Summary & Review

- ▲ **Causes of mass casualty radiation injuries; e.g., meltdowns, terrorism**
- ▲ **Nuclear explosion injury types; e.g., radiation injury**
- ▲ **Radiation exposures: external; contamination**
- ▲ **Manifestations of radiation sickness**
- ▲ **Radiation sickness treatment**

Explosions

Blast Injuries

Sources of blast injuries

- ▲ Industrial accidents
- ▲ Natural disasters; e.g., earthquakes and natural gas lines
- ▲ Warfare
- ▲ Terrorism - blast injuries are the most common result; e.g.:
 - ◆ Mumbai, India, 2006
 - ◆ London, 2005
 - ◆ New York City, 2001
 - ◆ Oklahoma City, 1995

Oklahoma City, Murrah Building, 1995



Categories of blast injuries

- ▶ **Primary blast injuries**
- ▶ **Secondary blast injuries**
- ▶ **Tertiary blast injuries**
- ▶ **Quaternary blast injuries**

Primary blast injuries

- ▲ **Caused by high-energy explosions that produce a pressure wave**
- ▲ **Pressure wave can cause severe damage without overt signs of trauma**
- ▲ **Pressure wave primarily affects gas-filled structures:**
 - ◆ **abdominal hemorrhage, perforation**
 - ◆ **cerebral concussion**
 - ◆ **blast lung - bilateral lung contusion**
 - ◆ **tympanic membrane - red flag**

Secondary blast injuries

- ▶ Caused by flying debris
- ▶ Penetrating and blunt force injuries to any body parts; e.g., open pneumothorax



Tertiary blast injuries

- ▲ **Caused by victims being propelled by wind from explosion**
- ▲ **Most common injuries:**
 - ◆ **fractures and traumatic amputations**
 - ◆ **brain injury - open and closed**

Quaternary blast injuries

- ▲ **Injuries not caused by the explosion:**
 - ◆ **burns**
 - ◆ **crush injuries from structure collapse**
 - ◆ **exacerbations of asthma & COPD from inhalation of dust**
 - ◆ **angina, MI**

Respiratory care

- ▲ **Supplemental O2**
- ▲ **Airway management - difficult airways are likely**
- ▲ **Ventilation for:**
 - ◆ **pulmonary contusions**
 - ◆ **bronchopulmonary fistulae**
 - ◆ **massive trauma - acute lung injury**
 - ◆ **brain and spinal cord injuries**

Summary & Review

- ▲ Sources of blast injuries - accidents, natural disasters, terrorism
- ▲ Categories of injuries
 - ◆ primary
 - ◆ secondary
 - ◆ tertiary
 - ◆ quaternary
- ▲ Management
 - ◆ airway management
 - ◆ ventilation

Natural Disasters

Types of natural disasters

- ▲ **Floods - most common**
- ▲ **Hurricanes - wind, flooding, fires**
- ▲ **Tornadoes - wind**
- ▲ **Wild fires**
- ▲ **Avalanches/landslides/mudslides**

Types of natural disasters

- ▲ Heat waves
- ▲ Blizzards/extreme cold
- ▲ Earthquakes - collapses, explosions
- ▲ Tsunamis
- ▲ Volcanic eruptions

Injuries from natural disasters

- ▲ **Near drowning - flooding**
- ▲ **Suffocation - structural collapse**
- ▲ **Crush injuries - structural collapse**
- ▲ **Blunt trauma - structural collapse, winds**
- ▲ **Penetrating trauma - structural collapse, winds**
- ▲ **Thermal injuries - wildfires, blizzards**
- ▲ **Inhalation injuries - fires, collapses**
- ▲ **Psychological trauma - all disasters**

Additional problems

▲ Services lost, impaired and/or overwhelmed; e.g.:

◆ water

◆ electricity

◆ sewer

◆ communications

◆ fire, EMS, police agencies

Additional problems

▲ **Transportation problems**

- ◆ **impassable roads**

- ◆ **loss of vehicles**

- ◆ **death, injury or illness of transport personnel**

▲ **Destruction of healthcare facilities**

▲ **Impaired sanitation - increased risk for infectious diseases**

▲ **Criminal activities; e.g., looting**

Mass Casualty Critical Care Demands

Surge capacity

- ▶ **Definition - Health Care system's ability to expand quickly to meet an increased demand for medical care in the event of a large scale public health emergency (AHRQ definition)**
- ▶ **The same event can produce different stresses on different institutions; e.g., influx of trauma patients to non-trauma ER**

Surge considerations

- ▶ **Critical care capabilities are essential to limiting mortality in a mass casualty event**
- ▶ **Facilities may not be able to divert or evacuate casualties**
- ▶ **Assistance from other agencies will take time**

Components of surge capacity

▲ System

▲ Space

▲ Staff

▲ Stuff

System

- ▶ **Command - incident command system (ICS) for overall management**
- ▶ **Control - control of facility infrastructure; e.g., building access**
- ▶ **Communication - internal and external communications**
- ▶ **Coordination - coordination of facility response with other facilities and public agencies**

Space considerations

- ▲ **Critical care beds are premium**
- ▲ **Facility must identify and plan for using alternate spaces to accommodate surge patients**
- ▲ **Facility should train personnel for alternate space utilization**

Facility space categories

- ▶ **Conventional space - available for daily operations**
- ▶ **Contingency space - areas in facility that can be used temporarily for patient services**
- ▶ **Crisis space - do not meet usual standards of care; but, sufficient for disaster situation**

Space response

▲ Conventional space

- ◆ economize on critical care beds, moving patients to step-down units, general care floors
- ◆ cancel elective procedures
- ◆ discharge patients, as possible
- ◆ add beds to patient rooms - eliminate private rooms

Space response

- ▲ **Contingency spaces that can be used for patient care**
 - ◆ **recovery rooms**
 - ◆ **surgical waiting areas**
 - ◆ **procedural areas; e.g, dialysis units**

Space response

▲ Crisis spaces that can be equipped for patient care:

◆ hallways

◆ lobbies

◆ adjacent medical offices

◆ temporary structures; e.g., tents

Staff considerations

- ▲ Personnel may be unable to travel to facility, because of roads, etc.
- ▲ Personnel may be unwilling to report, due to:
 - ◆ illness or injury from event (victims)
 - ◆ fear of contracting illness
 - ◆ concerns over care for family, pets
- ▲ Critical care personnel need to be enabled to focus on their primary patient care responsibilities

Staff considerations

- ▲ Facility must have plan to mobilize its personnel in response to emergency**
- ▲ Facility must have plan to use ad hoc staff effectively**
- ▲ Facility must have mechanism for emergency credentials and privileges for ad hoc staff**

Staffing categories

- ▶ **Conventional - staff within the facility who are credentialed and privileged at facility**
- ▶ **Contingency - staff within the facility who can assume additional duties or staff imported from other facilities**
- ▶ **Crisis - non-clinical staff assigned to basic patient care**

Staffing response

▲ Conventional

- ◆ departmental managers assume patient care (Uh-oh!!)
- ◆ surgeons assess, treat ER trauma patients

Staffing response

▲ Contingency

- ◆ staff within the facility assume additional duties, under supervision
- ◆ staff imported from other facilities
- ◆ provider extenders; e.g., Project XTREME to cross train:
 - fphysicians, physician assistants
 - fnurses
 - fphysical therapists

Staffing response

- ▲ **Crisis - staff likely to perform beyond their usual scope of practice**
 - ◆ **non-critical care physicians assisting in critical care areas**
 - ◆ **lay personnel assisting with patient hygiene and monitoring**
 - ◆ **housekeeping providing bag-valve ventilation**

Stuff considerations

- ▶ **Hospitals and suppliers avoid surplus of materials**
- ▶ **Medications and supplies stockpiled by CDC for delivery**
- ▶ **Strategic national stockpile (SNS)**
- ▶ **Transportation of supplies to facility may be crippled**

Stuff considerations

- ▲ **Mass casualties will overwhelm critical care equipment and supplies on-hand; e.g.:**
 - ◆ **mechanical ventilators**
 - ◆ **mechanical ventilation supplies**
 - ◆ **oxygen**
 - ◆ **oxygen administration supplies**
 - ◆ **monitors; e.g., pulse oximeters**

Options for short-supply situation

- ▶ Prepare (stockpile) before the event
- ▶ Substitute equivalent items
- ▶ Adapt, using items that are sufficient, though not ideal
- ▶ Conserve resources; e.g., oxygen
- ▶ Reuse items after disinfection
- ▶ Reallocate items or therapy to patient with greater benefit

Stuff

- ▲ **Conventional supply - maximum supplies for usual facility operations**
 - ◆ **critical care equipment and supplies should NEVER be in short-supply**
 - ◆ **example: minimal inventory of ventilator circuits ==> trouble!!**
 - ◆ **the inventory should ALWAYS include an excess of personal protective equipment**

Stuff

▲ **Contingency supply- conventional inventory exhausted; response examples:**

- ◆ **adapt - pulse oximeters to monitor heart rate**
- ◆ **substitute - transport or anesthesia ventilators for ICU ventilators**
- ◆ **reuse - manual resuscitators**

Stuff

- ▲ **Crisis supply - overwhelming number of critical care patients**
 - ◆ **bag-valve ventilation**
 - ◆ **accept lower limits; e.g., SpO₂ to conserve oxygen**
 - ◆ **reallocate therapeutics ==> ethical decisions**

Respiratory Care Stuff

Oxygen

▲ Potential sources

- ◆ bulk liquid oxygen system
- ◆ cylinders
- ◆ oxygen concentrators
- ◆ mobile liquid oxygen systems

Bulk liquid oxygen system

▲ Failure possibilities

- ◆ structural damage - container, pipe system
- ◆ impaired delivery of oxygen; e.g.; roads, lack of personnel or vehicles
- ◆ damage to gas separation plants
- ◆ overwhelming demand for oxygen

Oxygen cylinders

▲ Mass casualty applications

◆ small cylinders

f transports

f temporary therapy

f built-in regulator most desirable

◆ large cylinders

f individual long-term therapy

f back-pressure feed units

f manifolds can create multiple-patient capabilities

Oxygen cylinders

▶ Emergency oxygen manifolds



**Western MD8
Octi-flo**



**WT Farley
emergency oxygen
supply**

Oxygen cylinders

▲ Limitations

- ◆ facility storage capacity

- ◆ transport difficulties

▲ Infectious events demand disinfection of cylinders before transport.

Oxygen concentrators

- ▲ **Mass casualty applications - large oxygen generators**
 - ◆ **refill cylinders**
 - ◆ **back pressure feed units for capability of 93% O₂ at 50 PSIG**

Oxygen concentrators

▲ **Mass casualty applications - large oxygen generators**

◆ **refill cylinders**

◆ **back pressure feed units for capability of 93% O₂ at 50 PSIG**

▲ **Limitations**

◆ **size - storage space**

◆ **require electricity**

◆ **expense**

Oxygen concentrators

▲ Mass casualty applications - large oxygen generators



Pioneer Oxygen Generator

Mobile liquid oxygen systems

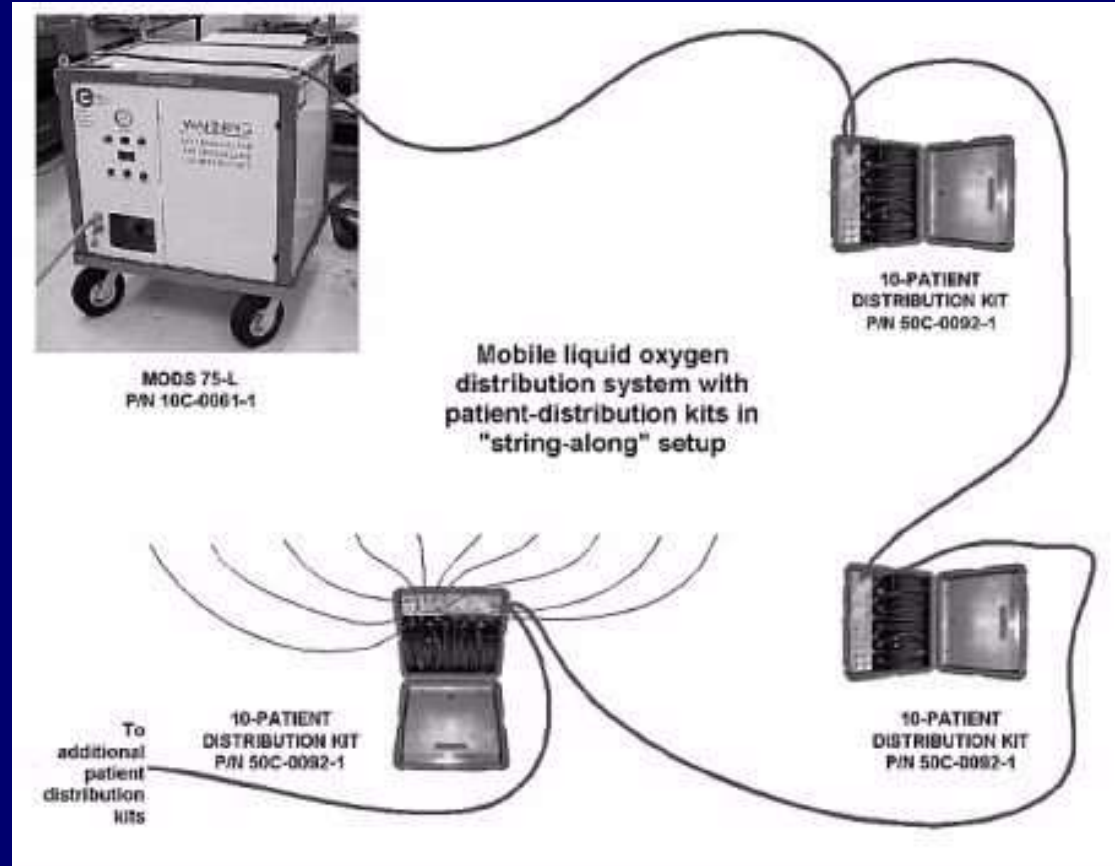
- ▶ **Primarily used to refill aircraft oxygen systems**
- ▶ **Requires less space than cylinders**
- ▶ **Mass casualty application - refill mobile multiple-patient system**

Mobile liquid oxygen systems

Multiple-patient system



Hartwell Surevent



MODS 75-L

Oxygen conservation methods

- ▶ repair all leaking outlets - this should be an ongoing effort
- ▶ turn flowmeters off when not in use
- ▶ use minimum FIO₂ and liter flows necessary
- ▶ use reservoir cannulae
- ▶ use gas-sparing ventilators
- ▶ use HME's for humidification
- ▶ target lower SpO₂

Endotracheal intubation

- ▲ Caregivers are at risk for contagions and some chemical injuries
- ▲ Emergency intubations should be avoided
- ▲ Preparation for intubation is essential
- ▲ Patient must be sedated
- ▲ Performed in negative-pressure room
- ▲ All caregivers wear PPE

Ventilator sources

▲ Conventional

- ◆ on-hand intensive care ventilators
- ◆ rental ventilators - availability?

▲ Contingency situation

- ◆ transport ventilators
- ◆ borrowed - availability?
- ◆ NPPV devices - NOT for mass casualties
- ◆ anesthesia ventilators
- ◆ negative pressure ventilators - no intubation required

Ventilator sources

▲ Crisis situation

- ◆ pressure-cycled ventilators??
- ◆ single patient use ventilators??
- ◆ bag-valve ventilators
- ◆ National stockpile ventilator kits
 - fImpact Eagle 754
 - fPuritan-Bennett LP-10 (discontinued)

Mass casualty ventilator requirements

- ▶ Approved for adult and pediatric patients
- ▶ Capability to operate without 50 PSIG source
- ▶ Battery life \geq 4 hours
- ▶ Constant volume delivery
- ▶ CMV mode included
- ▶ Adjustable PEEP capability (5-15 cm H₂O)

Mass casualty ventilator requirements

- ▲ **Separate controls for rate and TV**
- ▲ **Monitors for airway pressure and TV**
- ▲ **Alarms:**
 - ◆ **circuit disconnect**
 - ◆ **high & low airway pressure**
 - ◆ **loss of electrical power**
 - ◆ **loss of high pressure gas source**
- ▲ **Ease of use**

Ventilators

- ▶ Intensive care ventilators
- ▶ Noninvasive positive pressure ventilators
- ▶ Transport ventilators
- ▶ Anesthesia ventilators
- ▶ Negative pressure cuirass ventilators
- ▶ Pressure-cycled, single use
- ▶ Bag-valve ventilators
- ▶ National stockpile ventilator kits

Ventilators

▲ Intensive care ventilators

- ◆ may be too expensive to stock for surge requirements
- ◆ requires respiratory therapist to manage
- ◆ reserve for sickest patients; e.g., ARDS
- ◆ cradle-to-grave devices also may be applied to neonates and small infants

Ventilators

▲ Noninvasive positive pressure ventilators

- ◆ unsuitable for contagious conditions

- ◆ unsuitable for ARDS

- ◆ requires inordinate staff time

Ventilators

▲ Transport ventilators

- ◆ some have ICU ventilator capabilities
- ◆ less expensive than ICU ventilators
- ◆ some are oxygen & electrical power economical
- ◆ likely choice as ventilator to stock for surge

Ventilators

▲ Anesthesia ventilators

- ◆ some will be needed for emergency surgical procedures

- ◆ managed by:

 - ▶ anesthesiologists - availability of time?

 - ▶ respiratory therapists - require orientation to devices

Ventilators

▲ Negative pressure cuirass ventilators

- ◆ no intubation required - less risk of infection for caregivers
- ◆ some casualties require airways
- ◆ United Hayek MRTX™ was tested as an option for application to patients by physicians at the scene - FDA approved in 2008

Ventilators

▲ Pressure-cycled, single-use ventilators

- ◆ non-constant volume delivery
- ◆ no alarms
- ◆ not for unattended patients
- ◆ require 50 PSIG source
- ◆ use large amounts of gas

Ventilators

▲ Bag-valve ventilators

- ◆ short-term support

- ◆ effective ventilation without electrical power

- ◆ ventilation can be provided by ancillary staff, volunteers

Ventilators

- ▲ **National stockpile ventilator kits**
 - ◆ **kit includes ventilators, ventilator supplies, instructional media**
 - ◆ **airway management materials contained in 12 hour push packages**
 - ◆ **takes hours, to days for delivery**

Organizational preparation

- ▲ **Maintain stocks of devices and supplies**
- ▲ **Plan for mass casualty events**
- ▲ **Rehearse mass casualty scenarios**
- ▲ **Prepare and train ALL personnel for mass casualty events**

Individual preparation

- ▲ Gain and maintain familiarity with hospital mass casualty plan
- ▲ Familiarize with likely surge equipment and supplies; e.g.,
 - ◆ SNS ventilators
 - ◆ others acquired for mass casualty events
- ▲ Participate in planning, rehearsals and debriefings

Individual preparation

▲ Personal preparations

- ◆ plan for disposition of family, pets, etc.

- ◆ assemble and store personal kit

 - f clothes, underwear

 - f toiletries

 - f medications

 - f eyeglasses, contact lenses

Summary & Review

▲ Surge capacity components

- ◆ system

- ◆ space

- ◆ staff

- ◆ stuff

▲ Conventional, contingency, crisis modes

Summary & Review

- ▲ **Respiratory care stuff**
 - ◆ **oxygen resources**
 - ◆ **ventilator resources**
- ▲ **Organizational preparations**
- ▲ **Individual preparation**

END

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