

## Obstructive Sleep Apnea SD Post-Test

- 1) The prevalence of OSA in adult males is
  - a) 5 - 7%
  - b) 8 - 12%
  - c) 20 - 25%
  - d) 26 - 32%
  
- 2) A STOP questionnaire refers to
  - a) Cessation of airflow
  - b) Snoring / Tired / Observed / Blood Pressure
  - c) Stopping the therapy
  - d) Score the obstruction pressure
  
- 3) Management of Central Sleep Apnea includes all EXCEPT
  - a) CO<sub>2</sub> administration
  - b) O<sub>2</sub> administration
  - c) Acetazolamide
  - d) CPAP
  
- 4) Approximately how many patients comply with prescribed therapy?
  - a) 10%
  - b) 20%
  - c) 25%
  - d) 50%
  
- 5) Apnea is defined as cessation of airflow for
  - a) 10 seconds
  - b) 20 seconds
  - c) 30 seconds
  - d) 60 seconds

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6) How many sleep cycles does the average person have per night?

- a) 1 - 2
- b) 3 - 4
- c) 4 - 5
- d) 5 - 6

7) Absence of airflow occurs during

- a) Central Sleep Apnea
- b) Obstructive Sleep Apnea
- c) Mixed Central & Obstructive
- d) All the above

8) Manifestations of severe OSA include all EXCEPT

- a) Systemic hypertension
- b) Systemic hypotension
- c) Pulmonary hypertension
- d) Cor pulmonale

9) Symptoms of sleep apnea include all EXCEPT

- a) Obesity
- b) Cognitive deficits
- c) Sexual dysfunction
- d) Gastroesophageal reflux (GERD)

10) A large neck circumference for a male is defined as

- a)  $\geq 10$  in
- b)  $\geq 13$  in
- c)  $\geq 15$  in
- d)  $\geq 17$  in