


# ECMO: Physiology and Native Gas Exchange

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## Native Gas Exchange

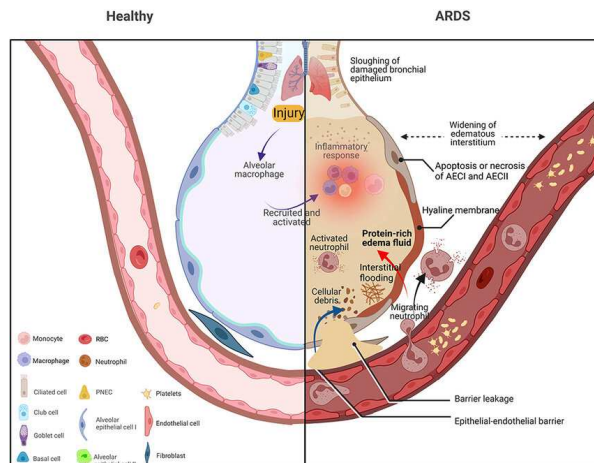
- The alveolar level
- The tissue level



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## Gas exchange at the Alveolar level



Cao et al., 2022

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## Alveolar Air Equation

▶  $PAO_2 = \text{Inspired oxygen} - \text{Oxygen consumed}$

$$PAO_2 = FiO_2 (P_B - P_{H_2O}) - (PaCO_2 \times R)$$

OR

$$PAO_2 = FiO_2 (P_B - P_{H_2O}) - \frac{PaCO_2}{R}$$

$$P_B \text{ at sea level} = 760 \text{ mmHg}$$

$$P_{H_2O} = 47 \text{ mmHg at normal body temperature (37}^\circ \text{C)}$$

$$R = 1.25 \text{ if multiplying or } 0.8 \text{ if dividing}$$

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## PAO<sub>2</sub>

$$PAO_2 = FiO_2 (760-47) - (PaCO_2 \times 1.25)$$

$$PAO_2 = 0.21 (760-47) - (40 \times 1.25)$$

$$PAO_2 = 0.21 (713) - 50$$

$$PAO_2 = 149.73 - 50$$

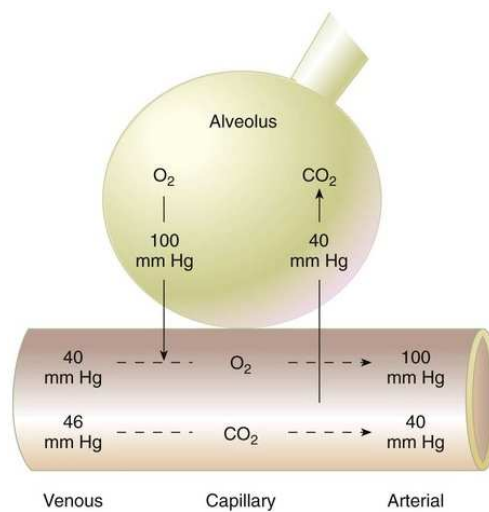
$$PAO_2 = 99.73 \text{ mm Hg}$$



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## Alveolar Gas Exchange



<https://thoracickey.com/gas-exchange-and-transport/>



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## So....Why PAO<sub>2</sub>??

- The job of the alveoli is to bring the blood and air together in such a way that **the alveolar oxygen (PAO<sub>2</sub>) and the arterial oxygen (PaO<sub>2</sub>) come to an equilibrium with each other.**



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## Alveolar-Arterial Oxygen *Difference*

- ▶ Example:
  - In a normal healthy young adult who is breathing room air, the PAO<sub>2</sub> should be ~100 mm Hg.
  - A normal PaO<sub>2</sub> for the same patient might be ~96 mm Hg. Thus the A-a O<sub>2</sub> difference would be:

$$100-96 = 4 \text{ mm Hg}$$



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## Alveolar-Arterial Oxygen Gradient

- ▶ If the patient is on an  $\text{FiO}_2$  of 100%, the A-a gradient should not exceed **65 mm Hg**.
- ▶ When a patient is on an  $\text{FIO}_2$  of 100%- every 50 mm Hg difference approximates a 2% shunt.



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## Hypoxemic MICU Patient

MICU ARDS patient on 4cc/kg Vt (IBW)

- AC/VC: 320/16 x 30 100%
- On 100%  $\text{FIO}_2$  at sea level our ABG is: 62/55/7.28
- Our  $\text{PAO}_2 = 1 (760-47) - (55 \times 1.25) = 644$



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## Severe Hypoxemia

- $A-a = 644 - 62 = 582$
- $582 \div 50$  (every 50 mmHg = 2% shunt).
- $11.64 \times 2 = 23.29\%$  shunt



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## P/F Ratio

### Berlin Criteria

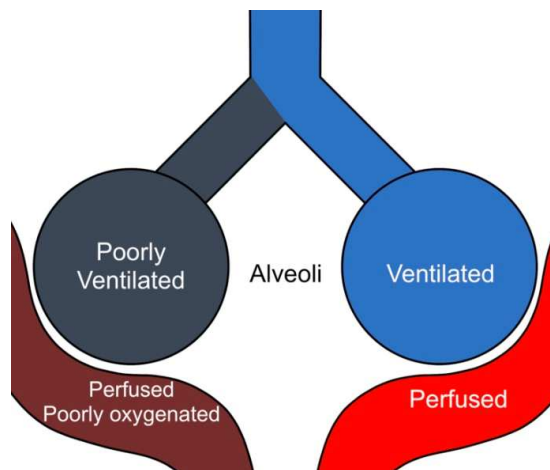
- P/F 201-300 mm Hg     **MILD**
- P/F 101-200 mm Hg    **MODERATE**
- P/F  $\leq 100$  mm Hg    **SEVERE**



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# Pulmonary Shunting



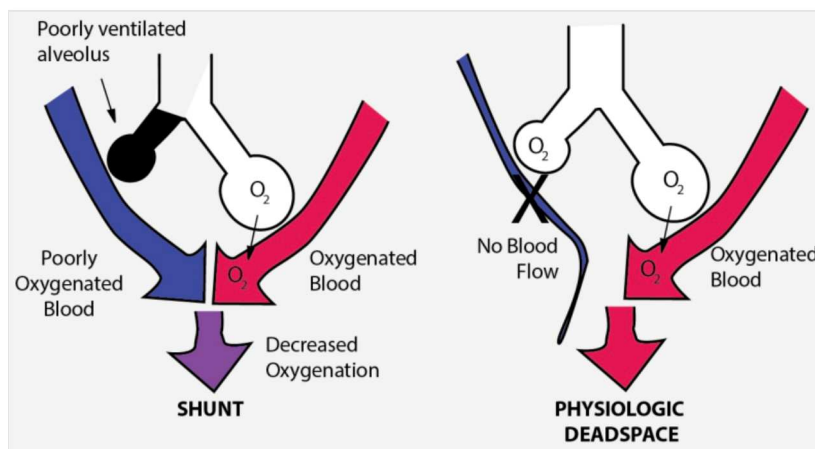
[https://en.wikipedia.org/wiki/Ventilation%E2%80%93perfusion\\_coupling](https://en.wikipedia.org/wiki/Ventilation%E2%80%93perfusion_coupling)



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# V/Q Mismatch



Whitten, The Airway Jedi; 2017




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## Physiologic Dead Space

The diagram illustrates the components of dead space in the respiratory system. On the left, a 3D anatomical model shows the trachea and bronchi leading to the lungs. To its right, a vertical bar represents the 'Total volume of exhaled gas', which is divided into 'Anatomical dead space' (the volume in the trachea and bronchi) and 'Alveolar dead space' (the volume in alveoli that are not ventilated). The sum of these two is the 'Physiological dead space'. Below this, a smaller vertical bar represents 'Alveolar ventilation', which is the volume of gas that reaches the ventilated alveoli. On the right, a schematic diagram shows a cylinder representing the respiratory system, with 'Anatomical dead space' at the top and 'Alveolar dead space' below it, both contributing to the total 'Physiological dead space'.

Yartsev, Deranged Physiology; 2019



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## Blood Flow Through the Heart

### Path of Blood Flow Through the Heart

The diagram shows a cross-section of the heart with numbered steps (1-13) indicating the path of blood flow. On the left, a blue box labeled 'deoxygenated Body' lists steps 1 through 7: (1) Superior and (2) inferior vena cava, (3) Right atrium, (4) Tricuspid valve, (5) Right ventricle, (6) Pulmonary valve, and (7) Pulmonary arteries. On the right, a red box labeled 'oxygenated Lungs' lists steps 8 through 13: (8) Pulmonary veins, (9) Left atrium, (10) Mitral valve, (11) Left ventricle, (12) Aortic valve, and (13) Aorta. The heart is divided into 'Right side' and 'Left side', with 'Right lung' and 'Left lung' also labeled.

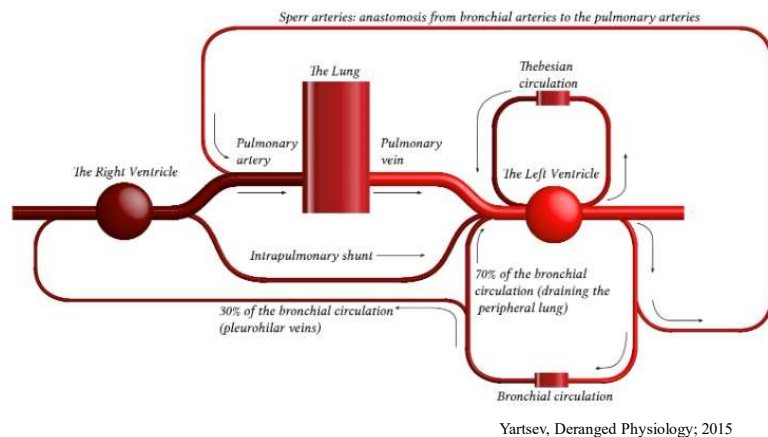
<https://sciencenotes.org/path-of-blood-through-the-heart/>



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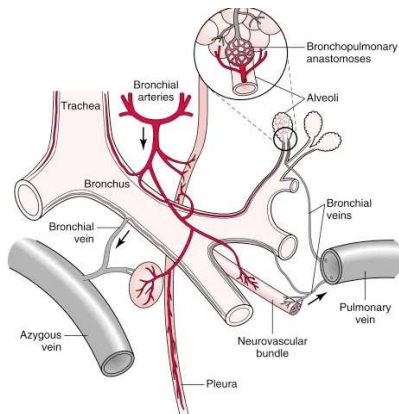
# Bronchial and Thebesian Circulation



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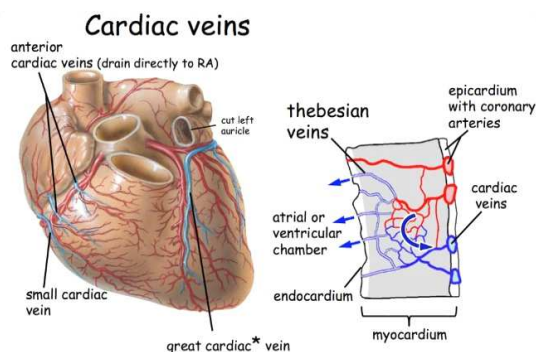
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## Bronchial Veins



<https://inspiredpencil.com/pictures-2023/bronchial-circulation>

## Thebesian Veins



\*terminology: "cardiac" used for veins  
"coronary" used for arteries

<https://www.pinterest.com/pin/52495151891969228/>




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## Venous Admixture


<https://quizlet.com/548374828/ventilation-perfusion-relationships-flash-cards/>



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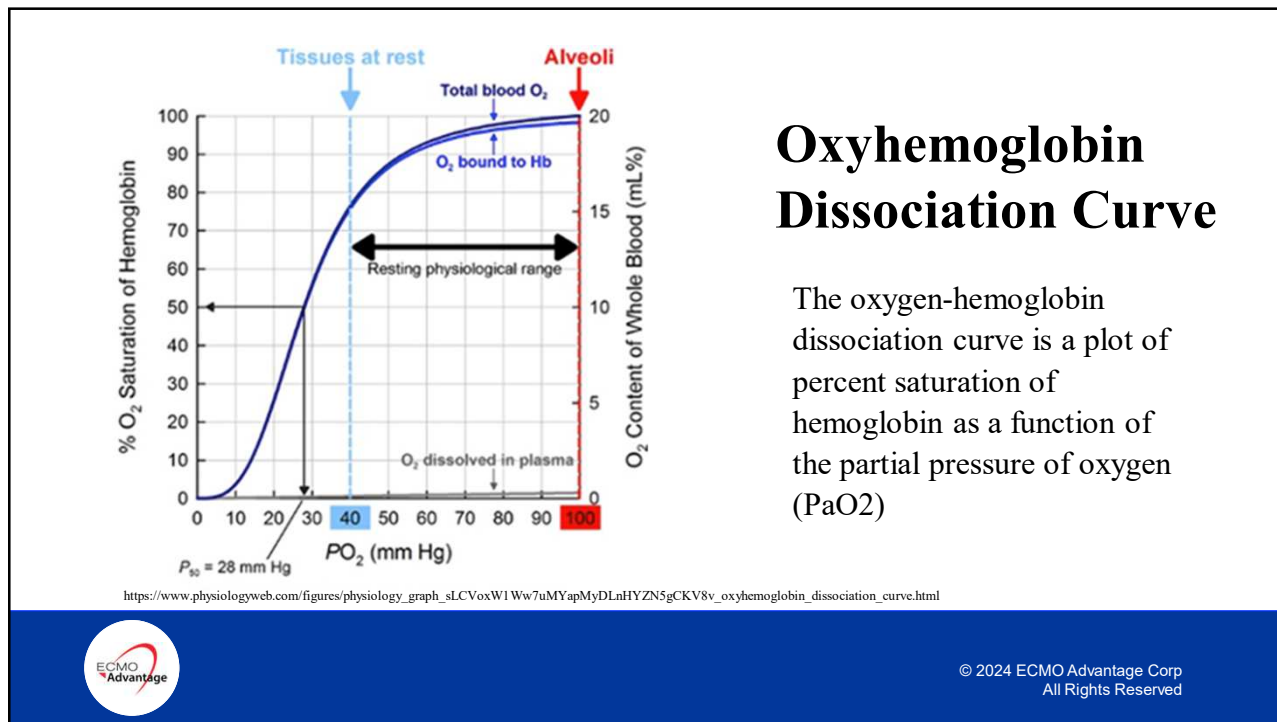
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## Gas Exchange at the Tissue Level



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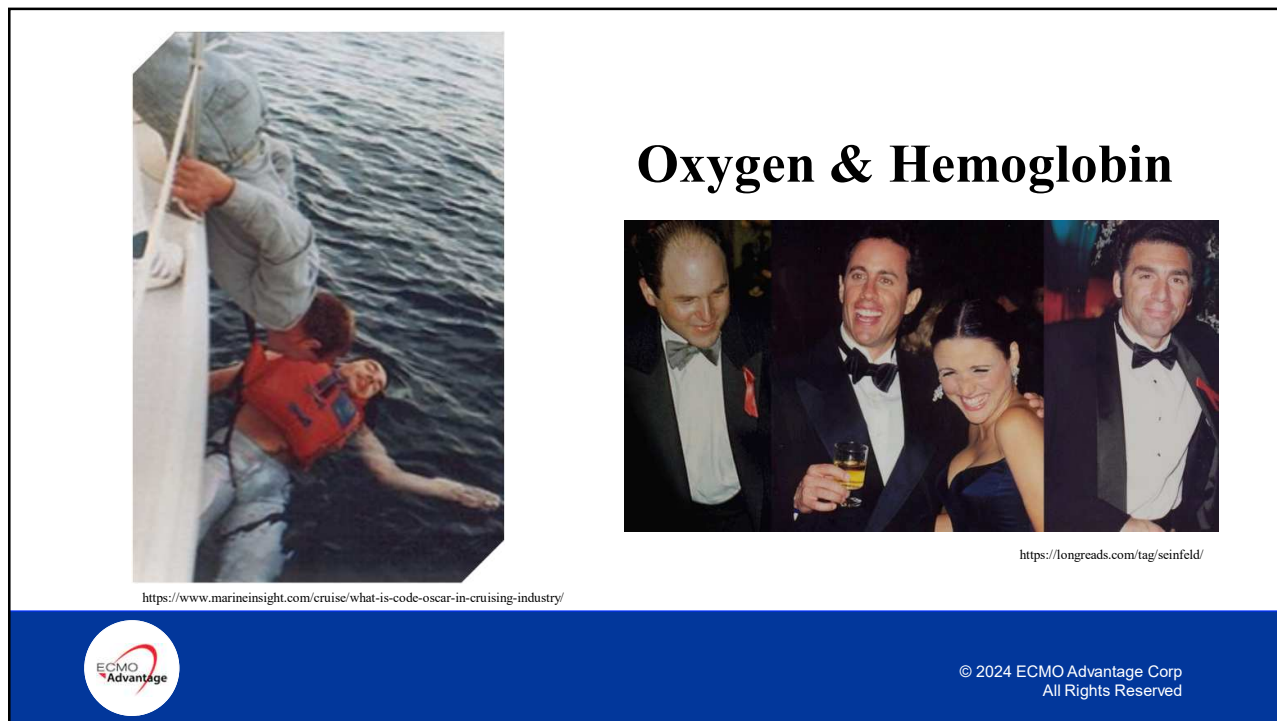
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## Oxyhemoglobin Dissociation Curve

The oxygen-hemoglobin dissociation curve is a plot of percent saturation of hemoglobin as a function of the partial pressure of oxygen (PaO<sub>2</sub>)

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# Time for ECMO...



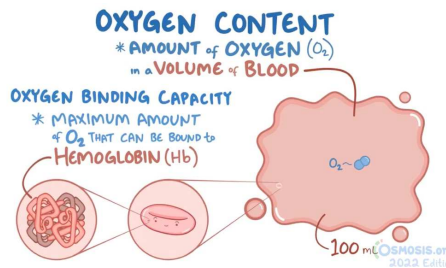
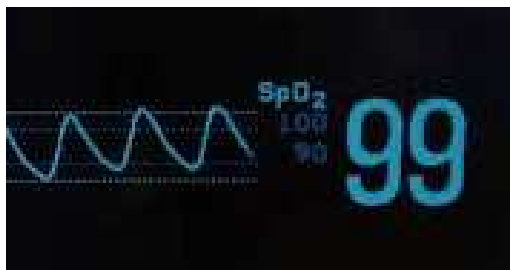
<https://gifdb.com/gif/amazed-the-rock-applause-yqz11kebgirjfvn.html>



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# Concepts...SpO2 vs CaO2



[https://www.osmosis.org/notes/Gas\\_Transport](https://www.osmosis.org/notes/Gas_Transport)



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## Oxygen Content

**CaO<sub>2</sub>**

**CvO<sub>2</sub>**

**Blood**

Oxygen bound to hemoglobin

Oxygen dissolved in the blood (Dissolved oxygen)

<https://www.slideshare.net/slideshow/about-pulseoximetry/4414385>

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## CaO<sub>2</sub>

$$\text{CaO}_2 = (\text{Hgb} \times 1.34 \times \text{SaO}_2) + (\text{PaO}_2 \times 0.003)$$

Bound to Hemoglobin

Dissolved in plasma

- 1 gm of hemoglobin fully saturated carries 1.34 ml O<sub>2</sub>
- 0.003 is the solubility coefficient of O<sub>2</sub> in the plasma

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## Who would you rather be?

- Hgb = 12
- SaO2 = 98%
- PaO2 = 300



<https://openart.ai/discovery/sd-1006969385782624387>



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## Who would you rather be?

- Hgb = 15
- SaO2 = 92%
- PaO2 = 150



<https://www.wwe.com/gallery/andre-the-giant-larger-than-life-photos#fid-40198865>



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## We have a winner!

▶  $(12 \times 1.34 \times .95) + (300 \times 0.003)$

▪  $(15.27) + (0.9) = 16.17 \text{ ml O}_2/\text{dl}$

▶  $(15 \times 1.34 \times .92) + (150 \times 0.003)$

▪  $(18.49) + (0.45) = 18.94 \text{ ml O}_2/\text{dl}$



[https://aminoapps.com/c/officialwwe/page/blog/my-dream-matches-in-wwe/ZkVd\\_q3SBu8kaEcJB0eKvPw6EVmzKelKN](https://aminoapps.com/c/officialwwe/page/blog/my-dream-matches-in-wwe/ZkVd_q3SBu8kaEcJB0eKvPw6EVmzKelKN)



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## Oxygen Content Take Away

- *98% of total oxygen delivered to the tissues is bound to hemoglobin.*

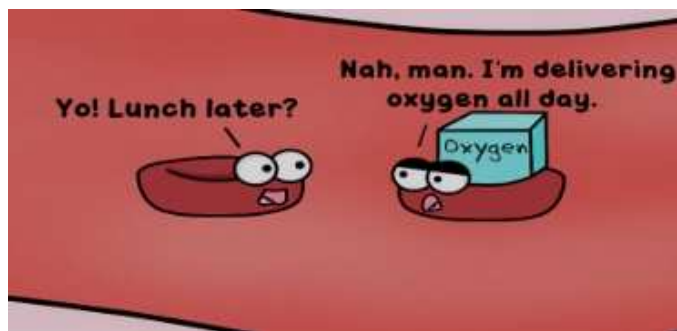


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## Oxygen Delivery (DO<sub>2</sub>)

$$DO_2 = CO \times CaO_2$$



<https://x.com/AmoebaSisters/status/724363382447439873>

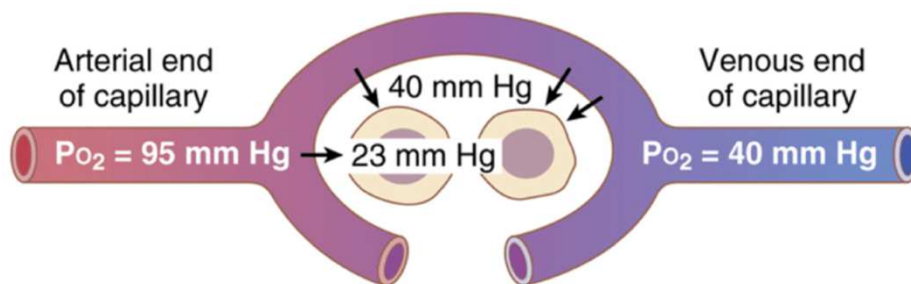


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## Oxygen Consumption (VO<sub>2</sub>)

$$VO_2 = CO \times (CaO_2 - CVO_2)$$



[https://www.researchgate.net/figure/Diffusion-of-an-oxygen-molecule-from-the-arterial-end-of-a-capillary-to-tissue-cells-PO\\_fig3\\_347619719](https://www.researchgate.net/figure/Diffusion-of-an-oxygen-molecule-from-the-arterial-end-of-a-capillary-to-tissue-cells-PO_fig3_347619719)



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## Oxygen Consumption

- ▶ **Increased**
  - Exercise
  - Trauma (including surgery and burns)
  - Pain
  - Sepsis/inflammation/fever
- ▶ **Decreased**
  - Analgesia
  - Sedation
  - Paralysis
  - Hypovolemia
  - Hypothermia



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## Oxygen Delivery vs Oxygen Consumption

- Oxygen delivery (DO<sub>2</sub>) adjusts to changes in oxygen consumption (VO<sub>2</sub>) maintaining a ratio of 5:1
- If VO<sub>2</sub> increases relative to DO<sub>2</sub> (or if DO<sub>2</sub> is impaired), the body will compensate
- *When the ratio is below 2:1 metabolism then switches from aerobic to anaerobic causing lactic acidosis.*



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## Oxygen delivery/Consumption

**5:1 = Good**

- $DO_2 = 600 \text{ cc O}_2/\text{min}/\text{m}^2$
- $VO_2 = 120 \text{ cc O}_2/\text{min}/\text{m}^2$
- **20% extraction =  $SVO_2 = 80\%$**

**2:1 = Bad**

- $DO_2 = 500 \text{ cc O}_2/\text{min}/\text{m}^2$
- $VO_2 = 300 \text{ cc O}_2/\text{min}/\text{m}^2$
- **50% extraction =  $SVO_2 = 50\%$**



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## How does this apply to ECMO?

### ELSO

- Hypoxemic respiratory failure
  - $PaO_2/FiO_2 < 80 \text{ mm Hg}$
- Hypercapnic respiratory failure
  - $pH < 7.25$  with a  $PaCO_2 \geq 60 \text{ mm Hg}$

Tonna et al., Management of Adult Patients Supported with VV ECMO: Guideline from ELSO; 2021



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## Oxygenation during ECLS

- Oxygen uptake in the membrane lung
- Blood flow through the circuit (ECMO pump flow)
- Oxygen uptake through the native lung
- Blood flow (Cardiac output) through the native heart



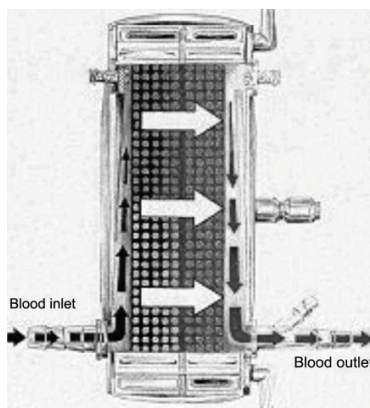
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## Oxygenation in the Membrane Lung

*ECMO Blood (pump) flow 6 L/min*

*SVO<sub>2</sub> 60-75%*  
*Hgb 10-12 gm/dl*



*SaO<sub>2</sub> ≥ 95%*

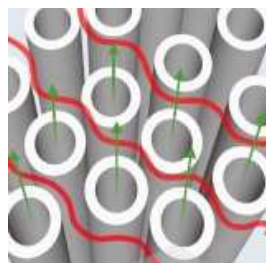
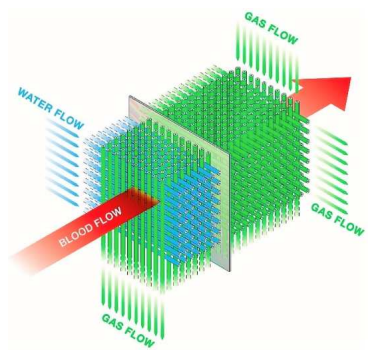
Yeager & Roy, Evolution of Gas Permeable Membranes for ECMO, 2017



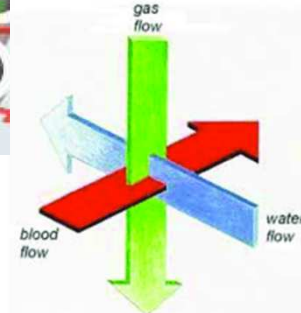
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# Membrane Lung Function



Thi et al., Hemocompatibility challenge of membrane oxygenator for artificial lung technology; 2022



Rajsic et al., Anticoagulation Strategies during ECMO: A Narrative Review; 2022



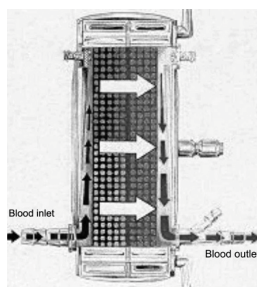
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# Rated Flow

ECMO Blood (pump) flow 6.5 L/min

SVO<sub>2</sub> 50%  
Hgb 10 gm/dl



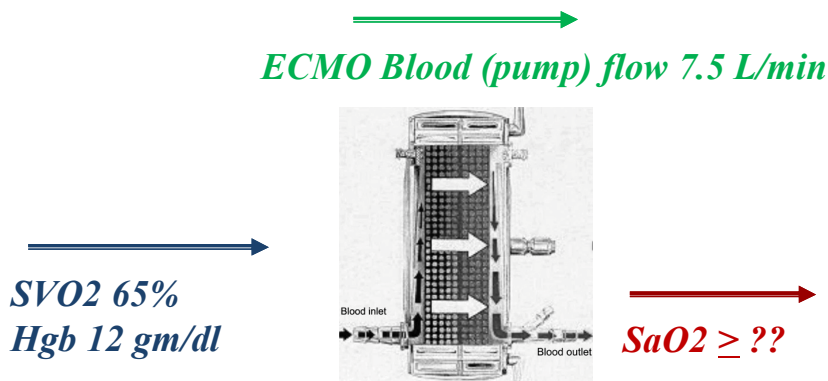
SaO<sub>2</sub> ≥ ??



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## Rated Flow



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## Blood (pump) Flow through the Circuit

- The amount of the patient's cardiac output we are supporting with ECMO (pump flow) is directly associated with the amount of DO<sub>2</sub> we are supporting.
- *Ex: Ms. Swift has a total CO of 6 L/min. We are running her ECMO blood (pump) flow at 4.5 L/min.*
  - $4.5/6 = 75\%$



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## Cardiac Output through Native Heart

- Changes in patient cardiac output (CO) through the native heart, with no change in ECMO blood (pump) flow, will result in varying degrees of oxygenation.
- Ex: Mr. Bon Jovi currently has a total CO of 6 L/min. We are running his ECMO blood (pump) flow at 4 L/min
  - $4/6 = 66\%$  CO supported
  - $4/8 = 50\%$  CO supported
  - $4/5 = 80\%$  CO supported



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## Oxygen Uptake Through Native Lungs

- ▶ If our ECMO patient has little to no oxygen uptake through the native lungs, then the membrane lung is supporting nearly all of the patient's gas exchange.
  - ***“Resting Vent Settings”***
    - Driving pressure < 15 cm H<sub>2</sub>O
    - Plateau pressure < 28 cm H<sub>2</sub>O
    - RR ~ 10
    - FIO<sub>2</sub> decreased

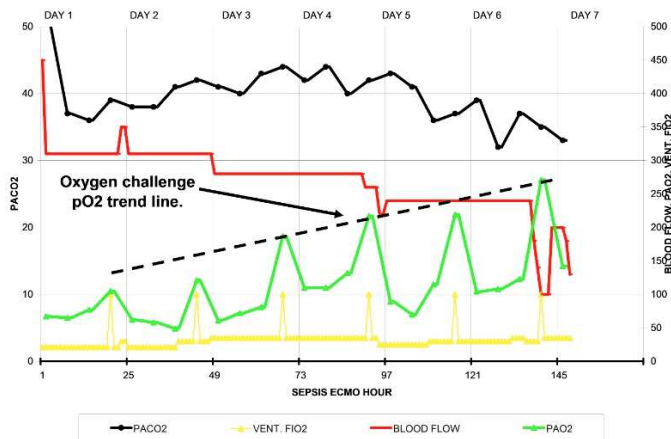


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# Oxygen Uptake Through Native Lungs

► Cilley Test (Oxygen challenge)



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# Ventilation During ECLS

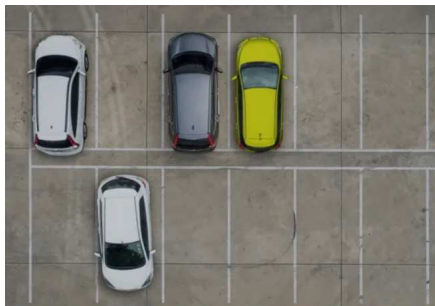


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## Surface Area

Native Lung  
100-150 m<sup>2</sup>



<https://www.mentalfloss.com/article/503014/why-america-has-so-many-empty-parking-spaces>

ECMO Lung (Oxygenator)  
1.8m<sup>2</sup>



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## THANK YOU!



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